

Please Return By May 1, 2010

# Forrestel Riding & Sports Camp

## Specialty Sign-up

Camper Name \_\_\_\_\_ Session Attending \_\_\_\_\_ Grade next fall \_\_\_\_\_

At Forrestel we have a variety of excellent "specialty" activities. These specialties are designed so that the same small group of campers meet with a highly qualified instructor 3 times during one week. Each camper is allotted a number of checks based on the program and session in which they are enrolled in.

Program	1 Week Session	2 Week Session
Sports & Outdoor Adventure Program	4 checks	8 checks
Horsemanship Program	2 checks	4 checks
Equestrian Program	2 checks	4 checks

Hunter's Safety Training Course	Check Here	Enrollment Limited. Must be 12 years of age. <b>Only available 6/27-7/9</b>
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Each specialty requires either one or two checks depending on the time commitment. In the case of a strong interest, you may choose a specialty twice, in a two week session. Please check the specialties you wish to participate in.

Activity	Checks	Notes
Arts and Crafts	<input type="checkbox"/> <input type="checkbox"/>	
Archery	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Drawing	<input type="checkbox"/> <input type="checkbox"/>	
Rocketry	<input type="checkbox"/> <input type="checkbox"/>	
Team Sports	<input type="checkbox"/> <input type="checkbox"/>	
Tennis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Stable management	<input type="checkbox"/> <input type="checkbox"/>	
Woodworking	<input type="checkbox"/> <input type="checkbox"/>	
<b>Note</b>		<b>The activities below require two checks per signup</b>
Paddle Program	<input type="checkbox"/> <input type="checkbox"/>	Requires two checks per sign up
Fishing	<input type="checkbox"/> <input type="checkbox"/>	
Leatherworking	<input type="checkbox"/> <input type="checkbox"/>	
Marksmanship	<input type="checkbox"/> <input type="checkbox"/>	Requires two checks per sign up
<b>How many checks?</b>		Does this match the number of checks allocated?

Alternate Choices: In the event of conflicts with your camper's schedule please provide two alternatives. Please note that these alternatives must be single check options.

Alternative 1 \_\_\_\_\_ Alternative 2 \_\_\_\_\_

Most evenings we offer "free choice" activities. This allows campers to experience the many excellent activities offered at Forrestel. Some of the free choices available are listed below. These activities do not require signing up in advance.

- |  |   |   |
|--|---|---|
| Challenge/Adventure Elements<br>Team Building Games<br>Tie Dying<br>Beading<br>Mountain Biking<br>Nature Program<br>Trout/Bass Fishing | Volleyball<br>Floor Hockey<br>Ultimate Frisbee<br>Soccer<br>Indian Hoot<br>Tennis | Cricket<br>Private Tennis Lessons<br>Farming<br>Rugby<br>Swimming<br>Basketball<br>Rope Swing |
|--|---|---|

Please rate your child's swimming ability: Beginner = 1 2 3 4 5 = Advanced

Does your child have any special tenting requests? \_\_\_\_\_

# Forrestel Riding & Sports Camp

## Specialty Descriptions

<p><b>Woodworking</b> Campers choose from a range of projects to build and finish under the supervision of master woodworker, Wayne Kyle. Campers get to work in Forrestel's state of the art wood working shop.</p>	<p><b>Rocketry</b> Campers design, build, decorate and launch their own ESTES model rocket. Specially trained counselors work with the campers to build individualized rockets that the camper can then take home.</p>
<p><b>Leather Working</b> Learn leather working with David Nasca, a new face at Forrestel. Campers have the opportunity to safely learn the basics of leather work from start to finish. Anticipated projects might include wrist bands, belts, or even a personalized bridle to take home.</p>	<p><b>Archery</b> For the future Robin Hood☺. Campers choose from a range of targets at varying distances. The archery program introduces beginners to the sport and keeps experienced archers challenged.</p>
<p><b>Tennis</b> Campers receive professional instruction from USTA coach of the year, Chris Horgan. Small group lessons provide an excellent way for skill level advancement. The beginner or advanced tennis player is welcome. Private lessons can also be arranged upon arrival at camp.</p>	<p><b>Paddle Program</b> Campers take part in a variety of paddling activities. They learn basic skills and safety techniques through practice and fun games. This activity includes the favorite "Canoe Trip" and the all new "Kayak Trip".</p>
<p><b>Drawing</b> Turn your love for horses into works of art with the help of professional artist and graphic designer Lori Groth. From pencil to water color, proportion to the finer points, campers will see their ideas take form and realize that "Yes! I can draw, and it looks good!"</p>	<p><b>Stable Management</b> Campers participate in and learn many different barn and stable management skills including trailer safety, braiding and equine veterinary care. Each session is customized depending on the camper's age, ability and interest.</p>
<p><b>Team Sports</b> Encompasses the entire range of team sports and games played at Forrestel Riding and Sports Camp. Includes camp favorites such as Soccer, Ultimate Frisbee and many more. Campers will focus on skills as well as enjoy a relaxed game.</p>	<p><b>Arts and Crafts</b> Campers have fun Jewelry Making with Hemp, Beading, Boondoggling or making creations with Polymer Clay. Make a "Memory Book" from scratch, learn tie dye techniques, do a little scrap booking or decorate your woodworking project.</p>
<p><b>Marksmanship</b> <i>An expanded program this year!</i> Campers learn basic firearms and safety techniques before participating in marksmanship. Skeet and trap shooting will be offered at a local conservation club. Riflery will be conducted on site at our range. All activities are to be supervised by Ben Vernille an experienced and qualified firearms safety instructor.</p>	
<p><b>Hunter's Safety Training</b> (12 years and older) The Hunter's Safety Training Course will be taught by our NYS certified instructor Ben Vernille. Upon successful completion of the 12 hour course and final exam, campers will receive a license to hunt small game.</p>	
<p><b>Fishing</b> Small groups of campers will accompany Dennis Button on two hour fishing trips to local ponds and streams as well as occasional trips to Glenwood Lake to fish by boat. Fish in the area include both Small and Large Mouth Bass, Northern Pike, Walleye, Carp and a variety of Panfish. We also have a pond that has recently been stocked with Trout. Campers are welcome to bring their own fishing gear or they can use the gear that is provided by the camp.</p>	